

# WHY **SUPPORT** HELP THE AGED?

**Most older people enjoy full and active lives, but there are many who still need our help to combat loneliness, lack of mobility or a fear of crime.**

## **DID YOU KNOW THAT:**

- One in six of all UK households consists of a person over 60 living alone.
- Within 30 years, one third of the population of the UK will be over 60.
- Many older people do not go out in the evening, for fear of being attacked.
- Many older people do not even feel safe or secure in their own homes.
- Many older people have no access to transport.
- Many older people in the UK have to face the choice of either eating a hot healthy meal or heating the room they're in - thousands die through cold-related illnesses each winter.
- Many older people in the developing world have no access to healthcare or support, and die needlessly through malnutrition, violence and disease.



For more information or advice, please call Help the Aged's fundraising team on 020 7490 8050